

Zorgverzekering Vergelijking 2026

73 polissen gevonden voor Psychiater - Ambulant - kwaliteitsstatuut sectie III - monodisciplinair

Gesorteerd op: Hoogste Vergoeding (%)

RANK	POLIS / VERZEKERAAR	TYPE	PREMIE/MAAND	GEM. VERGOEDING	WAARDE SCORE ¹
1	Basis Exclusief Zilveren Kruis Terms Reimbursements Insurance Card Beste Waarde	combinatie	€176.45 per maand	78.5% Variatie: 75.0-79.6%	0.4450 16 codes
2	Zorgpolis StadHolland Terms Reimbursements Insurance Card 2e Plaats	combinatie	€164.75 per maand	76.5% Variatie: 72.5-79.5%	0.4643 16 codes
3	Natura Salland Terms Reimbursements Insurance Card 3e Plaats	natura	€157.50 per maand	74.0%	0.4698 16 codes
4	Alles Verzorgd Polis De Friesland Terms Reimbursements Insurance Card	natura	€159.25 per maand	73.9% Variatie: 70.6-74.9%	0.4641 16 codes
5	Zorgvariatiepolis CZ Terms Reimbursements Insurance Card	natura	€177.50 per maand	73.3%	0.4130 16 codes
6	UMC Eigen Keuze UMC Terms Reimbursements Insurance Card	combinatie	€159.95 per maand	72.6%	0.4538 16 codes
7	IZA Eigen Keuze IZA Terms Reimbursements Insurance Card	combinatie	€171.65 per maand	72.6%	0.4229 16 codes
8	Gewoon ZEKUR Zorg Plus Zekur Terms Reimbursements Insurance Card	combinatie	€173.20 per maand	72.6%	0.4191 16 codes
9	Zorgpolis DSW Terms Reimbursements Insurance Card	combinatie	€158.50 per maand	72.0% Variatie: 68.3-74.8%	0.4543 16 codes

RANK	POLIS / VERZEKERAAR	TYPE	PREMIE/MAAND	GEM. VERGOEDING	WAARDE SCORE ^{†1}
10	Zorg Zeker Polis Zorg en Zekerheid Terms Reimbursements Insurance Card	natura	€156.75 per maand	70.4%	0.4491 16 codes
11	Zorg Vrij Polis Zorg en Zekerheid Terms Reimbursements Insurance Card	combinatie	€166.50 per maand	70.4%	0.4228 16 codes
12	Zelf Bewust Polis De Friesland Terms Reimbursements Insurance Card	natura	€150.75 per maand	69.3% Variatie: 66.2–70.2%	0.4596 16 codes
13	Principe Polis De Christelijke Zorgverzekeraar Terms Reimbursements Insurance Card	natura	€155.25 per maand	69.3% Variatie: 66.2–70.2%	0.4463 16 codes
14	ZorgCompact Interpolis Terms Reimbursements Insurance Card	natura	€155.95 per maand	69.3% Variatie: 66.2–70.2%	0.4443 16 codes
15	Basis ZieZo Terms Reimbursements Insurance Card	natura	€157.95 per maand	69.3% Variatie: 66.2–70.2%	0.4387 16 codes
16	Basis Plus FBTO Terms Reimbursements Insurance Card	natura	€159.25 per maand	69.3% Variatie: 66.2–70.2%	0.4351 16 codes
17	ZorgActief Interpolis Terms Reimbursements Insurance Card	natura	€159.25 per maand	69.3% Variatie: 66.2–70.2%	0.4351 16 codes
18	Basis Zeker Zilveren Kruis Terms Reimbursements Insurance Card	natura	€159.25 per maand	69.3% Variatie: 66.2–70.2%	0.4351 16 codes
19	Basis Vrij FBTO Terms Reimbursements Insurance Card	combinatie	€167.95 per maand	69.3% Variatie: 66.2–70.2%	0.4126 16 codes
20	IZA Ruime Keuze IZA Terms Reimbursements Insurance Card	natura	€154.25 per maand	68.3%	0.4429 16 codes
21	IZZ Basisverzekering, Variant Natura IZZ Terms Reimbursements Insurance Card	natura	€154.25 per maand	68.3%	0.4429 16 codes
22	UC Ruime Keuze UnitedConsumers door VGZ Terms Reimbursements Insurance Card	natura	€154.25 per maand	68.3%	0.4429 16 codes

RANK	POLIS / VERZEKERAAR	TYPE	PREMIE/MAAND	GEM. VERGOEDING	WAARDE SCORE ^{†1}
23	VGZ Ruime Keuze VGZ Terms Reimbursements Insurance Card	natura	€154.25 per maand	68.3%	0.4429 16 codes
24	Gewoon ZEKUR Zorg Basis Zekur Terms Reimbursements Insurance Card	natura	€155.00 per maand	68.3%	0.4408 16 codes
25	Zorgzaam Ruime Keuze Zorgzaam Terms Reimbursements Insurance Card	natura	€157.30 per maand	68.3%	0.4343 16 codes
26	IZZ Basisverzekering, Variant Combinatie IZZ Terms Reimbursements Insurance Card	combinatie	€171.65 per maand	68.3%	0.3980 16 codes
27	VGZ Eigen Keuze VGZ Terms Reimbursements Insurance Card	combinatie	€171.65 per maand	68.3%	0.3980 16 codes
28	Vrije Keuze Basisverzekering ONVZ Terms Reimbursements Insurance Card	combinatie	€166.10 per maand	67.3%	0.4049 16 codes
29	Zorgverzekering basis VvAA Terms Reimbursements Insurance Card	combinatie	€166.10 per maand	67.3%	0.4049 16 codes
30	Basis Vrij Menzis Terms Reimbursements Insurance Card	combinatie	€175.75 per maand	66.9%	0.3808 16 codes
31	Eigen Keuze a.s.r. Terms Reimbursements Insurance Card	combinatie	€185.00 per maand	66.7%	0.3608 16 codes
32	Vrije Keuze a.s.r. Ik kies zelf Terms Reimbursements Insurance Card	combinatie	€185.00 per maand	66.7%	0.3608 16 codes
33	Zorgverzekering Combinatie Ohra Terms Reimbursements Insurance Card	combinatie	€159.55 per maand	64.7%	0.4055 16 codes
34	Zorg-op-maat CZ Terms Reimbursements Insurance Card	natura	€159.99 per maand	64.7%	0.4043 16 codes
35	Zorg Vrij (Combinatie) Nationale-Nederlanden Terms Reimbursements Insurance Card	combinatie	€160.95 per maand	64.7%	0.4019 16 codes


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36	Basis Start (naturapolis) Zilveren Kruis Terms Reimbursements Insurance Card	natura beperkt	€153.95 per maand	64.7% Variatie: 61.8–65.5%	0.4201 16 codes
37	UMC Ruime Keuze UMC Terms Reimbursements Insurance Card	natura	€150.90 per maand	64.0%	0.4245 16 codes
38	Ruime Keuze a.s.r. Terms Reimbursements Insurance Card	natura	€154.50 per maand	62.6%	0.4050 16 codes
39	Goede Keuze a.s.r. Ik kies zelf Terms Reimbursements Insurance Card	natura	€154.50 per maand	62.6%	0.4050 16 codes
40	Basisverzekering VinkVink Terms Reimbursements Insurance Card	combinatie	€142.40 per maand	62.5%	0.4387 16 codes
41	Basis Voordelig Menzis Terms Reimbursements Insurance Card	natura beperkt	€151.25 per maand	62.5%	0.4130 16 codes
42	Basisverzekering Anderzorg Terms Reimbursements Insurance Card	combinatie	€154.25 per maand	62.5%	0.4050 16 codes
43	Basis Menzis Terms Reimbursements Insurance Card	natura	€156.25 per maand	62.5%	0.3998 16 codes
44	Zorg Gemak Polis Zorg en Zekerheid Terms Reimbursements Insurance Card	natura beperkt	€150.45 per maand	61.6%	0.4094 16 codes
45	Zorg Voordelig (Natura) Nationale-Nederlanden Terms Reimbursements Insurance Card	natura	€142.50 per maand	60.4%	0.4237 16 codes
46	Zorgbewust CZ Terms Reimbursements Insurance Card	natura	€156.95 per maand	60.4%	0.3847 16 codes
47	Basis FBTO Terms Reimbursements Insurance Card	natura	€148.75 per maand	60.0% Variatie: 57.4–60.9%	0.4037 16 codes
48	IZA Basis Keuze IZA Terms Reimbursements Insurance Card	natura	€149.90 per maand	59.8%	0.3988 16 codes

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49	IZZ Basisverzekering, Variant Basis IZZ Terms Reimbursements Insurance Card	natura	€149.90 per maand	59.8%	0.3988 16 codes
50	UC Basis Keuze UnitedConsumers door VGZ Terms Reimbursements Insurance Card	natura	€149.90 per maand	59.8%	0.3988 16 codes
51	VGZ Basis Keuze VGZ Terms Reimbursements Insurance Card	natura	€149.90 per maand	59.8%	0.3988 16 codes
52	Bewuste Keuze Basisverzekering ONVZ Terms Reimbursements Insurance Card	natura	€156.10 per maand	58.3%	0.3734 16 codes
53	Natura CZdirect Terms Reimbursements Insurance Card	natura	€148.95 per maand	56.1%	0.3764 16 codes
54	Bewuste Keuze a.s.r. Terms Reimbursements Insurance Card	natura	€149.80 per maand	54.2%	0.3620 16 codes
55	Juiste Keuze a.s.r. Ik kies zelf Terms Reimbursements Insurance Card	combinatie	€153.50 per maand	54.2%	0.3533 16 codes
56	Basic Just Terms Insurance Card	natura	€151.45 per maand	51.8%	0.3417 16 codes
57	IZZ Basisverzekering, Variant Bewuzt IZZ Terms Reimbursements Insurance Card	natura	€147.40 per maand	51.2%	0.3476 16 codes
58	UC Bewuste Keuze UnitedConsumers door VGZ Terms Reimbursements Insurance Card	natura	€147.40 per maand	51.2%	0.3476 16 codes
59	VGZbewuzt Basis VGZbewuzt Terms Reimbursements Insurance Card	natura	€147.40 per maand	51.2%	0.3476 16 codes
60	Basisverzekering Bewust Verzekerd Natura Aevitae Insurance Card	natura beperkt	€N/A per maand	-	-
61	Basisverzekering Combinatie Aevitae Terms Insurance Card	combinatie	€177.10 per maand	-	-

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62	Basisverzekering Natura Aevitae Terms Insurance Card	natura	€163.90 per maand	-	-
63	Basisverzekering Natura Select Aevitae Terms Insurance Card	natura beperkt	€155.40 per maand	-	-
64	Basisverzekering Combinatie Blend Insurance Card	combinatie	€N/A per maand	-	-
65	Basisverzekering Natura Blend Insurance Card	natura	€N/A per maand	-	-
66	Basisverzekering Natura Select Blend Insurance Card	natura beperkt	€N/A per maand	-	-
67	Bewust Verzekerd Combinatie Care4Life Terms Insurance Card	combinatie	€177.10 per maand	-	-
68	Bewust Verzekerd Natura Care4Life Terms Insurance Card	natura	€156.90 per maand	-	-
69	Bewust Verzekerd Natura Select Care4Life Terms Insurance Card	natura beperkt	€152.10 per maand	-	-
70	basisverzekering HollandZorg Terms Insurance Card	combinatie	€N/A per maand	-	-
71	PZP Zorg-op-maat aangeboden door CZ PZP Insurance Card	natura	€N/A per maand	-	-
72	PZP Zorgbewust aangeboden door CZ PZP Insurance Card	natura	€N/A per maand	-	-
73	PZP Zorgvariatie aangeboden door CZ PZP Insurance Card	natura	€N/A per maand	-	-

Gem. Vergoeding: Gemiddeld percentage van de NZa-tarieven dat wordt vergoed voor alle behandeltypen en -duren.

Waarde Score: Vergoedingspercentage gedeeld door maandpremie. Hogere score = betere waarde voor geld.

 *Klik op een rij om de gedetailleerde vergoedingen per consultuur te zien.*

About this data

Rates: Based on NZa rates 2026 for basic mental health care and specialized mental health care.

Reimbursements: Data collected from official policy terms of Dutch health insurers for 2026.

IMPORTANT DISCLAIMER

Indicative information: The displayed reimbursements are indicative and based on policy terms as published by insurers. Always check the current policy terms with your own insurer before making choices.

Contracted vs. non-contracted care: Reimbursements can differ significantly depending on whether your care provider has a contract with your insurer. With non-contracted care (self-employed care providers) reimbursements may be lower or deductible and co-payment may apply. Some insurers require authorization for non-contracted care. Always check the policy terms and request prior approval from your insurer if necessary.

Completeness: Although we take great care in collecting data, we cannot guarantee that all information is complete, current and correct. Not all policies and additional conditions may be included.

Deductible and maximum reimbursement: Pay attention to your deductible and any maximum reimbursement amounts per year that may be in your policy. These can affect your actual reimbursement.

No advice: This comparator does not provide financial or medical advice. For personal advice about your health insurance, contact your insurer or an independent advisor.

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